

Our Superior Anti-bullying Policy

Developed by Year 6 pupils



What is Bullying?

Bullying is repeated behaviour which can hurt, frighten or cause unhappiness to us.

What type of bullying are there?

- Calling you horrible names constantly
- Causing physical harm to you regularly
- Stealing your property without you knowing
- "Ganging up" on you
- Teasing about your personal or physical differences
- Teasing your culture, religion and family
- Threatening you for no reason
- Shouting, Swearing, verbally abusing you
- Spreading gossip, or mean things about you
- Forcing you to do something you do not wish to do
- Sending you nasty or threatening notes, texts or emails



What do you do if you are being bullied

There are many things you can do if you are being bullied such as:

- Tell your parents, a teacher or just tell someone you trust!
- Try to ignore silly comments or teasing- don't say anything back- try and walk away and remember TELL!
- Tell people who are bullying you to STOP! Or GO AWAY!. You must say it loudly and walk away immediately.
- Stay with friends when playing - you are more likely to be bullied if you are on your own. Your friends should stand up to the bully.
- Think about the things you really like about yourself.
- Don't hide it from anyone, just tell someone you trust!
- Contact Meic (www.meiccymru.org) Tel:08088023456 or text 84001

STOP CYBERBULLYING!!!!